

# Flawless YOU

How do you achieve your perfect wedding make up? Professional makeup artist, Laetitia Rix from Makeup Angel, guides us through the process with some top tips

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## SKINCARE

It all starts with your skincare. Think about your skincare routine a few months prior to your wedding day. Maybe seek professional help from a therapist and benefit from a series of facials. They will be able to advise you on what's best for your skin, an instant illuminating treatment or maybe an intense hydrating facial. Remember, it takes around 28 days for your skin cells to renew and to therefore see the results. I have definitely seen the improvements on my bride's skin from their pre wedding trial to their wedding day.

## THE FOUNDATIONS

Base is your next consideration. Every bride wants flawless skin. Primer will help achieve this and improve longevity. If you prefer a dewy, glowing skin try a radiance primer with a light reflective foundation or tinted moisturiser. However, you may need a base that offers good coverage, to cover imperfections like broken capillaries, redness, pigmentation. It is vital to choose your correct foundation, so for texture try your base on your cheeks to see if it sits well and doesn't sink in to any pores. This is where our pores tend to be larger. For colour apply your base to your jaw line, so you can match your face and blend into your neck.

## HEALTHY GLOW

For your cheeks, do you want a chiselled, contoured look? A healthy, rosy glow or a bronzed beach look? Personally I like a combination of all three! This can be achieved using a bronzer to contour and shape the cheek bone, a touch of peach or pink on the apples and a highlighter on the upper cheek bone swept up to the temples. Try pink and coral shades to brighten and flatter a yellow or olive skin tone, and peach and bronze colours work well on skin prone to redness. I like to select colours that coordinate with the chosen lipstick too.



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## YOUR EYES

The eye make up can be the most daunting decision. This includes eye shadow colours, how much eyeliner and not forgetting your lashes and eyebrows. Let's break it down and make it easy! First, consider the style of your wedding. A beach wedding or festival style wedding may suit a more natural eye make up. A polished, glamorous make up or smoky eye could be a preferred option for a hotel or manor house venue. Your dress will dictate your make up style too, which is why a make up artist will always want to see it. Choose colours to enhance your eye colour, golds, peaches and browns flatter blue eyes, purple, warm greys and soft pink tones enhance green eyes and if you have brown eyes most colours look great! I often look at the colour of my bride's eyes closely and select colours that I can see i.e blue eyes often have flecks of yellow so gold can look pretty. Eyeliner is important to add definition for the camera, remember to use waterproof as it will be an emotional day. The make up style and your eye shape will dictate how much eyeliner to use. Brows are also vital to frame your eyes for the camera. Keep them tidy, shaped and defined. A heavier brow is currently favoured at the moment, however it can be quite ageing on some people! False lashes and semi

permanent eyelash extensions are very popular with brides. I usually recommend semi permanent lash extensions, they last a few weeks so perfect for the honeymoon too. Do try them in advance of your wedding to see if you like them, and opt for a more natural look. If you're lucky to be blessed with naturally long lashes, a eyelash curler and some waterproof mascara is all you need!

## THE LIPS

And finally to lips - there are endless options for lips but to keep it simple I will tell you what I usually opt for with my brides. I prime the lips with a little base and line with a lip pencil for longevity. I then apply a long lasting lip colour as a base. As these tend to be very matt so they last well, they can feel a little tight on the lips, so I then use a more hydrating lipstick. Gloss can be used for added glamour. The bride will need to keep their lipstick to hand for touch ups but these steps will definitely prolong their wear. To select your perfect colour, consider your eye make up, your skin tone and the colour scheme of your wedding, especially your bouquet. Brides with a soft, blush pink wedding scheme could choose from the same colour palette, a brighter bouquet may suit a brighter lip colour. ♥

## Makeup Angel Recommends

**Primers:** Laura Mercier Foundation Primer, Estée Lauder The Illuminator Radiant Primer

**Base with light coverage:** Laura Mercier Tinted Moisturiser, Estée Lauder Double Wear Light, The Ordinary Colours Serum Foundation

**Base with good coverage:** Estée Lauder Double Wear, Vichy Dermablend, Youngblood Mineral Powder Foundation, The Ordinary Colours Coverage Foundation

**Cheeks:** 3INA The Bronzer Powder, Laura Mercier Matte Radiance Baked Powder, Estée Lauder Bronze Goddess. Laura Mercier Second Skin Cheek Colour in Rose Petal, Youngblood Crushed Mineral Blush in Sherbert. Becca Shimmering Skin Perfector Pressed Highlighter, Opal, 3INA The Highlighter 201

**Eyeshadows:** Laura Mercier, Shu Uemura and Tarte Cosmetics

**Eyeliner:** Laura Mercier Eye Creme, Bobbi Brown Eyeliner Gel

**Eyebrows:** Benefit Precisely, My Brow Pencil, Laura Mercier Brow Pencil

**Lips:** The Body Shop Lip Liner, Youngblood Lip Liner, Maybelline Super Stay 24 Lip Colour, Laura Mercier Lipsticks, Charlotte Tilbury Lipsticks, Mac Lipsticks.